

New jungle path added to KL cross-country run

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RUNNING enthusiasts can lace up their shoes as the Federal Territory Kuala Lumpur Athletic Association (FTKLAA) is set to organise its annual cross-country event this year.

FTKLAA is partnering with Sports Toto to organise the "Go For It! FTKLAA Cross-Country 2023" event.

Scheduled for July 9, the event was inaugurated in 1985 and is now in its 36th year.

FTKLAA secretary Muregesu Soosaimany said the run was open to everyone, including foreigners.

"In the past, only Malaysians were allowed to participate but this year, we want to create an opportunity for others as well.

"We believe foreigners living and working in this country can enhance the vibrancy of the event," he said at the event's launch at Wisma OCM.

The cross-country event is



Giam (left) and Pulainthiran launching the Go For It! FTKLAA Cross-Country 2023 run.

divided into different categories.

There are 15km and 7km races for men and women, a 3km Kids Run, and a 5km Fun Run for families.

FTKLAA president Datuk Seri V. Pulainthiran said this year's run differed from previous edi-

tions as it had an additional task which was a 1.2km jungle path.

"We have added the jungle path to our 15km, 7km and 3km runs, which will be in Taman Tugu in Persiaran Sultan Salahuddin," he said. Participants will move

through a variety of landscapes including jungle paths, tarmac and hills, all throughout Padang Merbok, which has served as the traditional location for the race from the start.

Sports Toto Malaysia (STM) Lottery senior communications manager Giam Say Khoon said

as the main sponsor, the company believes in promoting a healthy lifestyle for the local community.

"By supporting this event, we also hope to help FTKLAA unearth sporting talents," he said.

Khoon added that other events lined up included lucky draws offering rewards like electrical appliances and holiday packages as well as the grand prize of a motorcycle.

Games booths will also be set up to offer more fun.

Each participant will receive a goodie bag, T-shirt, certificate and finisher's medal. Breakfast will be provided.

Additionally, the top five finishers in each section will be given placement trophies and cash prizes.

Registration is open to all and closes on June 9, or upon reaching 2,000 participants.

For details or to register online, visit racexasia.com or checkpointsport.asia.com



多多博彩與隆田徑協會

7月聯辦“追之也！越野賽”

(吉隆坡29日訊) 多多博彩與聯邦直轄區吉隆坡田徑協會 (FTKLAA) 聯合舉辦“2023年追之也！一聯邦直轄區吉隆坡田徑協會越野賽”，歡迎所有競跑愛好者踴躍報名參賽，以享受在青蔥林間競跑的乐趣。

該越野賽將於7月9日在吉隆坡默布草場舉行，涵蓋15公里、7公里和3公里（幼年組）組別，參賽者也可召集家庭成員，一同參加5公里賽程的“歡樂競跑組”。

多多博彩公關與永續發展部副總經理嚴世坤指

出，身為這項賽事的冠名贊助商，該公司深切了解到，在社區中推廣健康生活的重要性，及維持身體的健康和活躍度對身心健康也極其重要。

“本公司冀望能通過贊助這項活動來協助主辦單位，即FTKLAA發掘體育人才，並激勵更多國人擁抱更健康的的生活方式，讓鍛煉成為他們日常生活的一部分。”

該公司還會在當天舉辦其他活動，包括遊戲攤位和幸運抽獎環節，送出許多誘人的獎品，例如家電用品和度假配套，並加碼

送出最大獎（1輛摩哆），為活動增添不少聲色。

該公司也感謝其他共襄盛舉的贊助夥伴，即新山成功海濱酒店、成功山莊法國村、吉隆坡ACES酒店、大馬星巴克、肯尼羅杰斯烤雞、大馬科士威、U Mobile、美容品牌Marypure、澤合即溶咖啡（Chek Hup）、100Plus以及美祿。

欲获取更多參賽詳情，請瀏覽 <https://checkpointsport.asia/event/ftklaa-cross-country-23> 或 <https://www.racexasia.com/event/go-for-it-ftklaa-cross-country-2023-cros23>。

出席推介禮的尚有吉隆坡田徑總會會長拿督斯里V. 布萊英迪然。